

Liste des 14 allergènes principaux par recette - Lycée

|   |                                    |    |    |    |  |  |  |  |  |    |    |  |  |  |  |
|---|------------------------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
|   | Repas / Plat                       | Lait  | Blé / Gluten  | Oeuf  | Poisson   | Sulfites   | Fruits à coques   | Crustacés   | Mollusques  | Céleri  | Soja  | Arachides   | Moutarde  | Sésame  | Lupin   |
|    | <b>Lundi 26 Janvier - Déjeuner</b> |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Salade bar                         |   |    |   |   |  |   |   |   |    |   |   |   |   |   |
|    | Baguette jambon beurre             |    |    |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Panini kebab                       |    |    |    |   |  |   |   |   |   |   |   |   |   |   |
|    | Ravioli volaille                   |    |    |    |   |  |   |   |   |    |   |   |  |   |   |
|    | Frites                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Brioche aux pépites de chocolat    |    |    |    |   |  |   |   |   |   |    |   |   |   |   |
|    | Compote pommes                     |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Fruits                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | <b>Mardi 27 Janvier - Déjeuner</b> |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Salade bar                         |   |    |   |   |  |   |   |   |    |   |   |   |   |   |
|    | Baguette jambon beurre             |    |    |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Panini kebab                       |    |    |    |   |  |   |   |   |   |   |   |   |   |   |
|    | Frites                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Brioche aux pépites de chocolat    |    |    |    |   |  |   |   |   |   |    |   |   |   |   |
|    | Compote pommes                     |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|    | Fruits                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|   | <b>Vendredi 30 Janvier -</b>       |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|  | Salade bar                         |   |  |   |   |  |   |   |   |  |   |   |   |   |   |
|  | Baguette jambon beurre             |  |  |   |   |  |   |   |   |   |   |   |   |   |   |
|  | Panini kebab                       |  |  |  |   |  |   |   |   |   |   |   |   |   |   |
|  | Frites                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|  | Brioche aux pépites de chocolat    |  |  |  |   |  |   |   |   |   |  |   |   |   |   |
|  | Compote pommes                     |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|  | Fruits                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |