
































































Liste des 14 allergènes principaux par recette - Institution Notre Dame

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|-------------------------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Lundi 30 Mars - Déjeuner | | | | | | | | | | | | | | |
|  | Endives aux croûtons | X | X | | | X | | | | | | | X | | |
|  | Salade verte vinaigrette | | | | | X | | | | | | | X | | |
|  | Lasagne bolognaise | X | X | X | | | | | | | | | | | |
|  | Fraidou | X | | | | | | | | | | | | | |
|  | Petit moulé ail et fines herbes | X | | | | | | | | | | | | | |
|  | Compote de pommes | | | | | | | | | | | | | | |
|  | Compote pommes fraises | | | | | | | | | | | | | | |
|  | Mardi 31 Mars - Déjeuner | | | | | | | | | | | | | | |
|  | Pommes de terre aux olives et | | | | | X | | | | | | | X | | |
|  | Taboulé | | X | | | X | | | | | | | | | |
|  | Filet de colin meunière et citron | X | X | X | X | | | | | | | | | | |
|  | Epinards béchamel | X | X | | | | | | | | | | | | |
|  | Brie | X | | | | | | | | | | | | | |
|  | Camembert | X | | | | | | | | | | | | | |
|  | Mousse à la framboise | X | | | | | | | | | | | | | |
|  | Mousse chocolat au lait | X | | | | | | | | | | | | | |
|  | Jeudi 02 Avril - Déjeuner | | | | | | | | | | | | | | |
|  | Champignons fromage frais | X | | | | | | | | | | | | | |
|  | Salade verte emmental | X | | | | X | | | | | | | X | | |
|  | Sauté de dinde à la provençale | | X | | | | | | | | | | | | |
|  | Jeunes carottes saveur du midi | | | | | | | | | | | | | | |
|  | Bûche du Pilat | X | | | | | | | | | | | | | |
|  | Tomme blanche | X | | | | | | | | | | | | | |
|  | Barre bretonne | | X | X | | | | | | | | | | | |
|  | Gaufre fantasia | X | X | X | | | | | | | X | | | | |
|  | Vendredi 03 Avril - Déjeuner | | | | | | | | | | | | | | |
|  | Chou fleur cuit | | | | | | | | | | | | | | |
|  | Macédoine mayonnaise | | | X | | X | | | | | | | X | | |

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|------------------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Boulette de pois chiches bio | X | X | X | | X | | | | | | | X | | |
|  | Riz pilaf | | | | | | | | | | | | | | |
|  | Fromage blanc sucré | X | | | | | | | | | | | | | |
|  | Yaourt nature sucré | X | | | | | | | | | | | | | |
|  | Banane Bio | | | | | | | | | | | | | | |
|  | Pomme golden | | | | | | | | | | | | | | |